

CREATE “WE CARE” PACKAGES

During the holidays and on birthdays, meal recipients are given a special goodie bag to say, “We care.” *This is a great project for families, Girl Scouts, service clubs, school groups, or workplace volunteer programs.* To make it as easy as possible for individuals and groups to contribute to the program, we have established guidelines. **Following these guidelines will ensure that your contribution reaches Twin Cities Meals on Wheels recipients properly.**

1. Place contents in a shoe box or gift bag.
2. Cushion contents with bright tissue or wrapping paper to make it more festive. Fill the bag or box with **new, unopened, labeled** items from this list:
 - Sharpened pencils, pens, highlighters or Post-It notes
 - Stationery, notecards, stamped envelopes
 - Sports socks and/or slippers
 - Magnifying glasses
 - Small first-aid kits
 - Puzzle books (large print is helpful)
 - Potholders, jar top grippers, or other useful kitchen supplies
 - Shampoo, conditioner, mouthwash, lotion, deodorant, cotton balls, Q-tips, tissues
 - Toothbrushes and/or toothpaste
 - Sewing kits
 - Combs/brushes (packaged), nail clippers, emery boards

IMPORTANT REMINDERS:

- **NO FOOD.** Many of our clients are on special diets.
 - **NO ADVERTISING.** This goes especially for prescription or over-the-counter medications.
 - **NO INDIVIDUAL ITEMS. We can accept donations of completed packages only.** Unfortunately, we do not have the resources to store, select and assemble individual items.
 - **PLEASE** - Wrap each “We Care Package” so that we can take a peek in each box to ensure the contents haven’t spilled in transit!
3. Enclose a cheery card if you’d like, with a general greeting such as “Happy Birthday,” “Thinking of You” or “Best Wishes.” And don’t forget to sign your name!
E-mail info@meals-on-wheels.com or call 612.623.3363 with any questions or to find out where to deliver your completed projects.

