Metro Meals on Wheels
Annual Report
Fiscal Year 2026

You Create a Caring Community for Our Older Neighbors

Each day, thousands of seniors in the Twin Cities can count on one thing: a fresh, nutritious meal delivered by a friendly volunteer.

As food costs rise and more people struggle to make ends meet, the assurance of a nutritious daily meal matters more than ever. At the same time, declining government support makes it harder for Meals on Wheels programs to meet this need. **Your generosity helps close that gap, ensuring that older adults continue receiving the meals and support they depend on.**

Inside, you'll see the impact of your support. **With your help, our network of Twin Cities Meals on Wheels programs delivered more than 1.5 million meals to older adults and people with disabilities in our community last year.**

"Meals on Wheels has been a godsend. My mobility has decreased so it makes it difficult to cook a meal with all the food groups included. With Meals on Wheels, I can still get a good meal every day."
-Meal recipient in St. Paul

Meals on Wheels provides more than nutrition. About 70% of meal recipients live alone and many of them have mobility challenges that make getting out of the house difficult.

Last year, **more than 9,000 volunteers gave their time to bring meals to their neighbors.** About half of meal recipients say the delivery volunteer is sometimes the only person they see on a given day. Volunteer visits are invaluable to those who are struggling with loneliness or social isolation.

"The people who deliver the meals are always very friendly and cheerful. It makes my day seeing them."
-Meal recipient in St. Paul

To everyone who supported Meals on Wheels in the past year with a gift of your time or financial support: We cannot thank you enough. Because of you, older adults and people with disabilities in our community can count on nutritious meals, friendly visits, and the reassurance that their neighbors are looking out for them.

Your Support in Action

Last year, Twin Cities Meals on Wheels programs delivered...

1,527,216
MEALS TO

8,995
RECIPIENTS

Including
52,709
CULTURALLY RELEVANT MEALS

plus
91,636
MEDICALLY SPECIFIC MEALS

702
VETERANS SERVED

and
2,293
RECIPIENTS BEGAN SERVICE

9,312
VOLUNTEERS
powered Meals on Wheels last year

228
ROUTES
delivered each day

10,451

DONORS

helped provide meals for neighbors in need

"Thank you all for your efforts to keep us well fed."

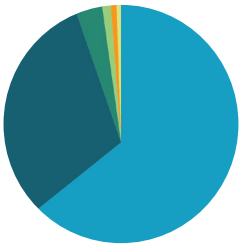
-Nancy Brenny, meal recipient in Edina

Thanks to our Foundation and Corporate Partners

3M, A1 Garage Door Service, AbbeyCare, AgriBank, Alchemy Tech Group, Allina Health, Ameriprise Financial, Arctic Wolf, Bell Bank, Bentson Foundation, Bituminous Roadways, Brandography, C.H. Robinson Foundation, General Mills, Gleason Printing, Kopp Family Foundation, Meals on Wheels America, Minnetonka, Orthopaedic & Fracture Clinic, Otto Bremer Trust, Richard M. Schulze Family Foundation, RISE Dispensaries, Schuler Shoes, St. Paul & Minnesota Foundation

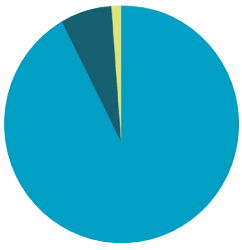
Metro Meals on Wheels Financial Statement

(Fiscal Year 2026: April 1, 2025 - March 31, 2026)



Total revenue: $9,498,985

Program Services:* $6,098,380
Individual Contributions: $2,901,634
Corporations/Foundations: $290,901
In-kind Contributions: $94,590
Bequests: $64,063
Fundraising Events: $49,413



Total expenses: $9,176,962

Program: 92.7%*
Fundraising: 6.1%
Administration: 1.2%

**Program services revenue includes fees paid by our 27 members for meals through our kitchen partnership with Open Arms, billing services and Title III funding from the federal government that's redistributed to our members to cover the cost of meals for low-income seniors. Metro Meals on Wheels offers these services to local member programs at below-market rates to increase the sustainability of our network.*

**Program services expenses include fees paid for meals distributed to member programs, Title III meal funds distributed, and additional support for meals for low-income individuals through the Wellness Meal Fund.*

Find our Form 990 and Audited Financial Statement at **meals-on-wheels.com/reports**.

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Inside: See the meals, connections, and care you made possible

Did you know?

90% of meal recipients say their daily meal makes up more than half of what they eat each day.

"Meals on Wheels has been very important to me because my family does not have to worry about me getting the appropriate food or not eating."

-Eugene, meal recipient in Richfield